

Covid-19 Newsletter

Welcome Back!

Good afternoon,

The first week of live teaching has gone incredibly well. You will have read about my concerns regarding two, isolated incidents but I am pleased to say that the vast majority have been a great success and the teaching staff are so buoyed by the opportunity to re-connect with their classes. Far too much of the last 12 months have been spent away from the thing that made all of us become a teacher – interaction with young people so it has been great to see that increase again.

At the time of writing, there is no clear guidance regarding a return date other than that it will not be before 8th March. Rest assured that as soon as I have any clarity on that, I will be in contact to explain what we are planning in order to ensure the safe return of your children.

Can I also remind you to please keep us informed of any positive Covid tests that your children receive. A phone call or email to the office will help us to keep an overview of how things are and enable us to offer support where it is needed.

School remains open every day to any students that fall into these two categories:

1. Students whose parents are Key Workers – this list is widely available and has been sent out. **Students should only attend school if no other care is possible. Home remains the safest place.**
2. Vulnerable Students who have been **contacted by the school.**

I would ask that you contact the office if you intend to send your child into school because they fall into one of these two categories and they have not been coming in already. This way we will be better prepared for any students that we receive.



Free School Meals

The vouchers have now been ordered for all eligible students and we will also be ordering additional vouchers to cover the first two weeks of this term.

A reminder that students who are in school will not be entitled to vouchers

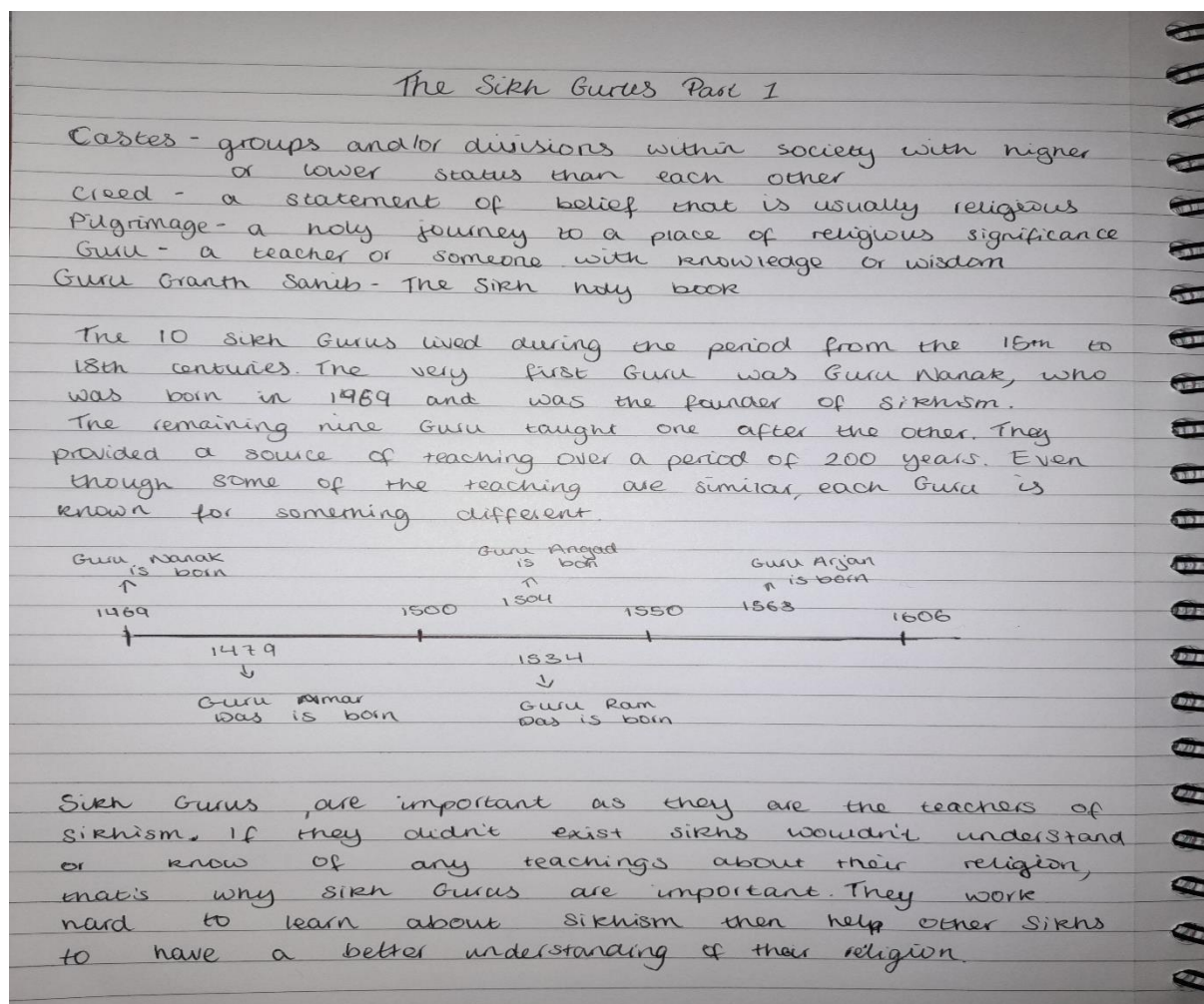
I understand that for some parents and carers, these are very challenging times financially and you may now wonder if you are eligible for Free School Meals after a change in your circumstances. **Click here** to check whether you are eligible for Free School Meals and here to fill in the online application form.

Remote Learning-Humanities

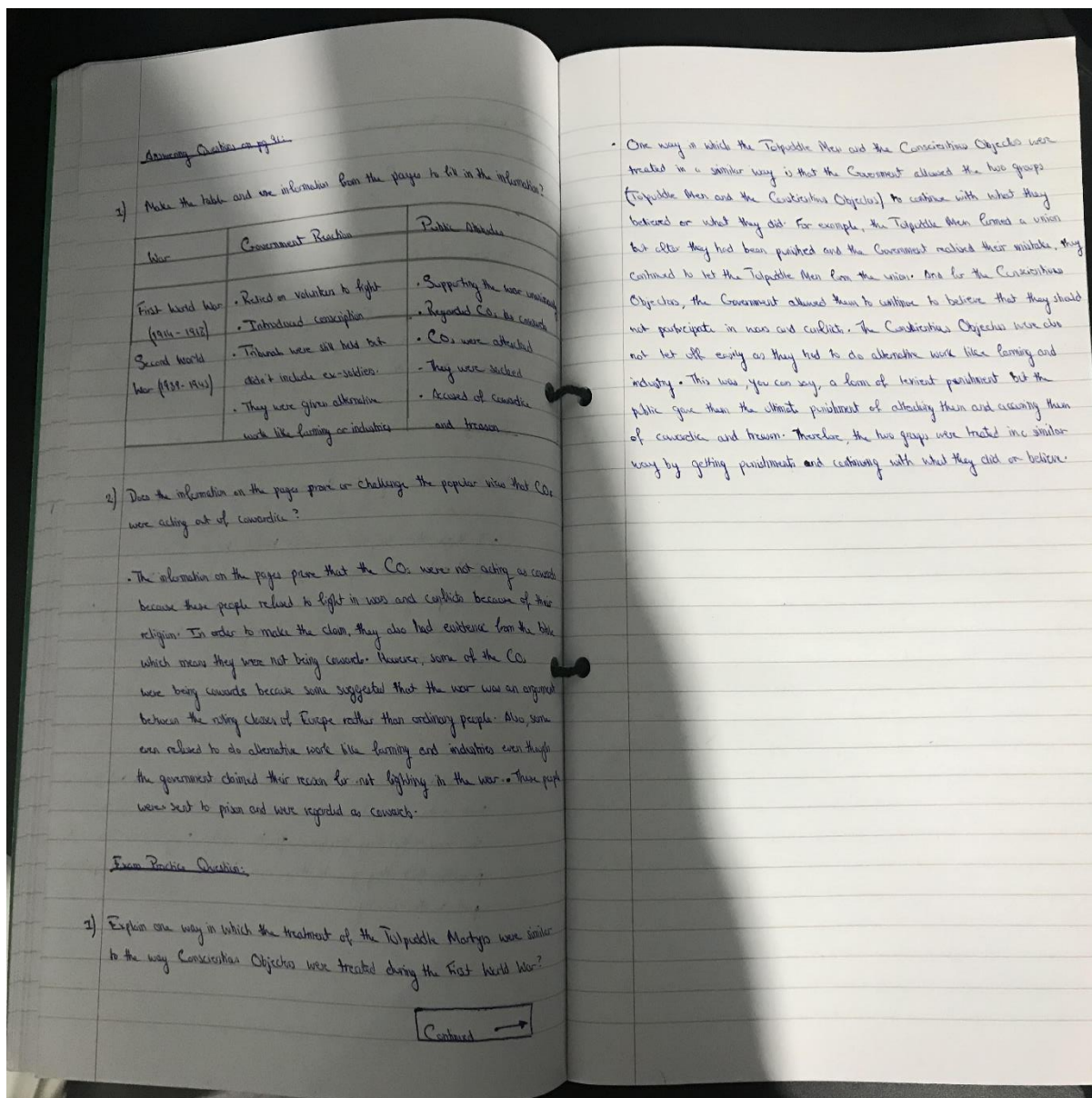
It has been a very interesting and dynamic few weeks in the Humanities Faculty, with the different departmental areas gearing up and getting ready to be able to deliver high quality and interesting live lessons for our students.

All the teaching staff in the Humanities Faculty are both excited and exhilarated to have the opportunity to be able to once again teach directly to all of our students, whom we miss greatly; and it is our hope that they will find the new style of learning effective, fun and interesting.

The work being completed by our students can be of the highest quality, standards and show a huge amount of effort.....and that is all we can ask for really, that everyone tries their very best and always seeks to improve their skills and knowledge. As teacher's we love it when we receive such great efforts from our students and I would like to recognise such efforts by sharing them with all of you:



This effort was from Haleema in Year 8, where in RE the students have been learning all about Sikhism – excellent work Haleema; well done.



And this effort was completed by Muneeb, in his GCSE History class, where he explained – in fantastic detail and showing an excellent standard of work – all about Crime in Modern Society.

In PSHE, the students were asked to complete work around the topic of 'Resilience and coping with uncertainty', in order to hopefully help them with the present challenges we all face – and one of our students, Muejeeb from Year 7, created a fantastic and wonderfully thoughtful poem around this work:

Resilience Poem

With courage,
You'll dare,
to take risks,

Have the strength,
To be compassionate,

And the wisdom,
To be Humble

Courage,
Courage, is the foundation,
of Integrity.



Reading at LHEA

At LHEA we know that reading empowers our young people to be more confident and successful in all areas of their lives: Reading everyday has been reported in studies to improve well-being and confidence:

- *Studies have shown that those who read for pleasure have higher levels of self-esteem and a greater ability to cope with difficult situations. Reading for pleasure is also associated with better sleep patterns.*
- *Adults who read for just 30 minutes a week are 20% more likely to report greater life satisfaction (The Reading Agency 2020)*

Here are some of the reading opportunities that we have provided for our students this week
We hope you will encourage them to read every day and maybe read, enjoy and discuss

FirstNews EDUCATION



This week sees a special edition of the newspaper with a focus on 'How to Keep Smiling in Lockdown'. As well as this, is all the usual news, games, animal stories and a special interview with Liz Pichon, the author of the Tom Gates stories, that have been a firm reading favourite with LHEA students.

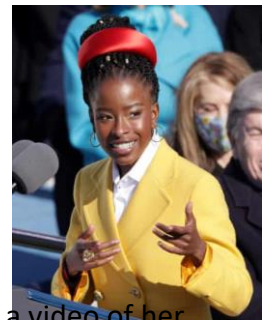
Have you ever wondered how you could survive on the moon?
What is it like to be a woman in the Maasai?
Why is music good for mental health?

Find out all the answers to these questions in this week's edition of First News.

The Weekend Read

Every Saturday morning we choose an article from a newspaper and the link is sent to years 10 and 11 on Show my Homework.

Last week's article was a report from The Guardian about the amazing Amanda Gorman, reciting her poem at the US presidential inauguration.



The report included a link to a video of her presenting 'The Hill we Climb', which you can access here: <https://www.theguardian.com/us-news/2021/jan/21/amanda-gorman-star-rises-inaugural-poem>

The final quote in the report encapsulates the strength and motivation of this extraordinary young role model.

This week's LHEA choice:



Oak National Academy Library

A free book every week

This week:

The Girl who Stole an Elephant by Nizrana Farook

Read it online

Or

Listen to the writer read it herself

<https://library.thenational.academy/>

Student daily movement inspiration activity – week beginning Monday 1st February

Spending an entire day in the house and completing school work, can quickly become a challenge to any child.

To help to keep our students healthy and happy whilst learning at home, one of our school Counsellors Carol Phillips, is introducing a daily movement activity to your child's day, for them to follow in the morning, afternoon, during a break or in between lessons.

The collection of suggested daily movements, quotes and tracks, will highlight the importance of an active lifestyle and help your child to become less static and inspire them to start moving more.

Please encourage your child to participate in each daily activity, and perhaps join in yourself!

STEM & Medical Sciences Work Experience

STEM & Medical Sciences Work Experience

Ages 12-18 | 'Live Online' or In-Person at UCL



[Architecture](#) | [Computer Science](#) | [Dentistry](#) | [Engineering](#) | [Investment Banking](#) | [Medicine](#) | [Psychology](#) | [Veterinary Medicine](#)

Supercharge your potential today. Hands-on, immersive career experiences now available in 8 STEM-related industries.

Register now for a unique opportunity to work alongside experienced engineers, doctors, psychologists, vets and others this term. You can choose to attend 'Live Online' before Easter or in-person later in April. Our in-person events have strict COVID measures in place.

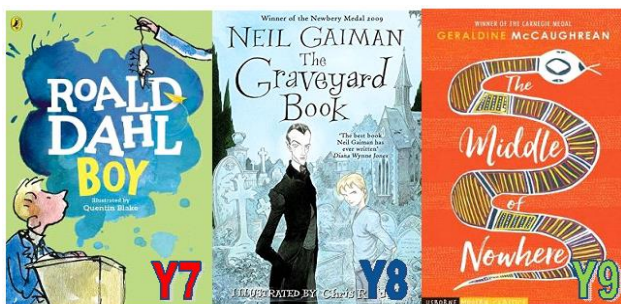
https://investin.org/pages/stem?mc_cid=c0fe4f8667&mc_eid=%5bUNIQID%5d

LHEA Library during Lockdown

AUDIO BOOKS

Reading for pleasure is always been a way to unlock the imagination. Given the limitations of the current situation our students need this escape now more than ever. Students at LHEA can explore new worlds, meet new characters and have adventures from the comfort of their home. Reading will promote better health and well-being as well as help our students attain better grades in all subjects. During lockdown we want to encourage the love of reading especially as students are not able to borrow and return their School Library Books.

With current challenges of borrowing from and returning books to the school Library, another way to get our students engaged is to introduce them to AUDIO BOOKS. Audio books are greatly beneficial in improving vocabulary, fluency and increasing reading accuracy and speed. Here are the recommended Audio Books for this week. ***Click the Audio Book Link and enjoy listening!***



Boy by Roald Dahl (Y7) Autobiography of Roald Dahl

Throughout his young days at school and just afterwards a number of things happened to Roald Dahl that made such a tremendous impression, he never forgot them. Boy is the story of Roald Dahl's childhood and teen years. Tales of exciting and strange things, some funny, some frightening. All TRUE!
<https://www.youtube.com/watch?v=GYIUqHpu-q0>

The Graveyard Book (Y8) by Neil Gaiman

"Nobody Owens", known as Bod is a normal boy. He would be completely normal if he didn't live in a graveyard, being raised by ghosts, with a guardian who belongs to neither the world of living nor the dead. There are adventures in the graveyard for Bod but if he leaves he will be in DANGER

https://www.youtube.com/watch?v=IYNUD_9yW-E&list=PLfWw_AneGN0zE5pDLS4SmIPNRQBCEP_OW&index=21

The Middle of Nowhere (Y9) by Geraldine McCaughrean

When her mother dies from a snakebite, Comity's life in the Australian outback changes forever. As her father retreats into his work, Comity turns to Fred, the Aboriginal yard boy, who becomes her only friend. But then a new assistant arrives who delights in playing cruel games.

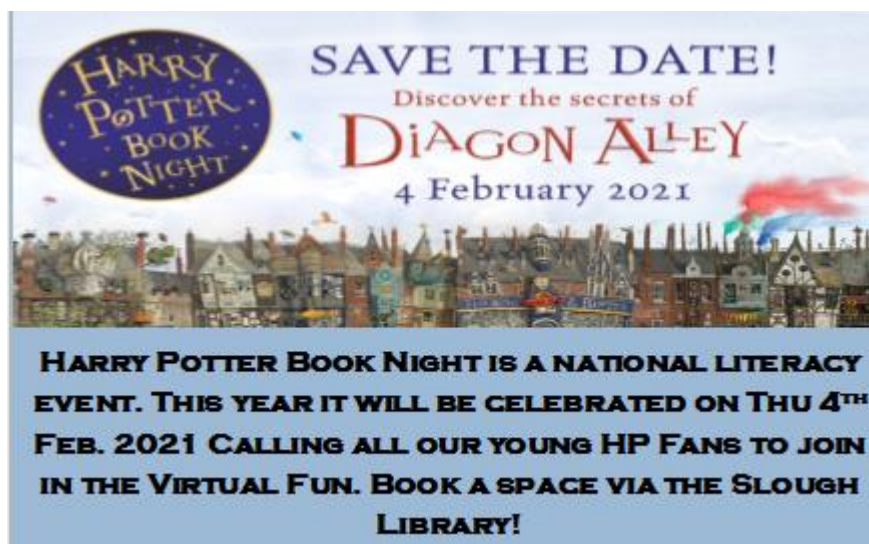
https://www.youtube.com/watch?v=fSx0V9rFH1E&list=PLfWw_AneGN0zwPv_-HAYMH1SjjHEyTyvH&index=71

NEW WRITING COMPETITION



Young Writers Competition is back on this term. The challenge is to write a gripping short saga of ONLY 100 words from the **Mystery/Thriller Genre**. "UNSOLVED" is the title. You have 6 story starters to choose from. Every sentence counts. Email Mrs. Ikram for further details if you wish to take part in this National Writing Competition!

UPCOMING VIRTUAL EVENT ORGANISED BY SLOUGH LIBRARY



<https://www.slough.gov.uk/events/event/13/harry-potter-book-night-diagon-alley>



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CLICK & COLLECT ONLY

Due to the current COVID-19 restrictions, unfortunately our store remains closed until further notice. However click & collect is available, therefore please continue to place your orders online for either delivery or collection.

Please note all collections will now be from our new store in Slough at the address below. We look forward to welcoming you to our new store when it is safe to do so.



CURRENT OPENING HOURS

Monday to Friday -
8:00am to 5:00pm
(CLICK & COLLECT ONLY)

Saturday -
Closed

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